



## WHAT WE DO

Palm Beach Crew (PBC) was established to provide the opportunities, equipment and facilities for our membership to participate in competitive and recreational rowing events throughout the region. We promote high school and collegiate rowing in the area and are a consortium of multiple schools. At the end of the day, it's all about having a good time out on the water. We fund and support programs for:

- Equipment
- State and National Competition

## OUR STORY

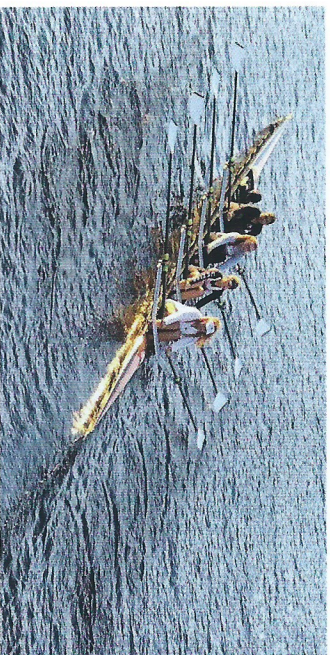
We are Palm Beach Crew. We are rooted in the desire to share the joys of learning to row by teaching young people to build healthy minds and bodies through personal and physical challenge of team sport. Successful rowers develop a deep practical understanding of the power of teamwork.

We welcome all athletes from ages 12-18 regardless of their ability or experience.

## OUR COACHES

Our coaches are national caliber. Head Coach, Susan Saint Sing, Ph.D. is a member of the 1993 and the 2015 US World Teams and recently coached an athlete to the Rio Olympics. She has coached teams to 7 national medals on junior, college, and elite levels.

Assistant Coach Casey Hubbard was a member of Edgewater Crew and raced at the Scholastic National Championships.



## BE A PART OF OUR STORY

We practice at Anchorage Park in Palm Beach Gardens.

Monday-Thursday 5:00 - 7:00 p.m.

Saturday 8:00 -10:00 a.m.

August through April



## WHO WE ARE

We teach our crews to row both sweep and scull. Our athletes will leave well prepared for college level rowing. We travel statewide, to Tampa, Orlando, Sarasota, with mixed crews of boys and girls.

Our fleet mostly consists of shells that were rowed in the 2016 Olympic Trials.

We are a dynamic organization of parents, students, and coaches dedicated to the pursuit of excellence.

## NON-PROFIT ORGANIZATION

PBC is a non-profit 501 (C)3 organization. Your donations and dues are tax deductible and support year round training and development for the best club in Palm Beach Area.

## CONTACT US

Coach Saint Sing

772-631-5823 (text-preferred)

[www.palmbeachcrew.com](http://www.palmbeachcrew.com)

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